



KUNDALINI YOGA CAMBODIA


Program 2018 (starting January)

Phone: 092-429 835 (Khmer and English)

Email: info@KundaliniYogaCambodia.org

Web: www.KundaliniYogaCambodia.org

Facebook: KundaliniYogaCambodia

at  the *Kundalini Yoga House*

#42 Street 123, Toul Tom Pong I, Phnom Penh
(near Russian Market)

Saturday	08:00-09:30 Kundalini Yoga	Sophal
	10:00-11:30 Kundalini Yoga	Seila
	16:00-17:00 ZUMBA	Odette
Sunday	07:00-08:30 Kundalini Yoga	Neary
	09:30-11:00 Kundalini Yoga	Sorita
Monday	18:00-19:30 Kundalini Yoga	Seila
Tuesday	08:00-09:30 Kundalini Yoga	Neary
	10:30-12.00 Kundalini Yoga	Neary
	12:15-13.15 Lunch Class <i>on appointment</i>	Neary
	18:00-19:30 Kundalini Yoga	Seila
Wednesday	18:00-19:30 Kundalini Yoga	Seila
Thursday	08:00-09:30 Kundalini Yoga	Neary
	10:30-12.00 Kundalini Yoga	Neary
	12:15-13.15 Lunch Class <i>on appointment</i>	Neary
	18:00-19:30 Kundalini Yoga	Seila
	20:00-21:00 ZUMBA	Odette
Frid: 	18:00-19:30 Kundalini Yoga	Somaly

at **Angkor Yoga**

Street 289-516, #5C2&6C2, Toul Kok, Phnom Penh

Saturday 08:30-10:00 Kundalini Yoga Neary

Contact:

Phone or SMS to KY House

KY Cambodia - 092 42 98 35

Seila - 092 94 04 85

Neary - 017-96 25 75

Ask for:

Workshops, Private Classes, Kids Class

Pregnancy & Post-natal Yoga, Yoga for Back and Neck