

## **Clarity, Sensitivity and Strength**

### **Transformative leadership in turbulent times**

A 4-day retreat for corporate and organizational executives and for those in positions that demand creative and intuitive leadership.



**When:** Saturday 15 to Tuesday 18 June 2013

**Location:** The retreat will take place in the peaceful surroundings of Knai Bang Chatt Resort and the Sailing Club in Kep, Cambodia.

The purpose of the retreat is to create a space for self-reflection and self-exploration through a series of facilitated dialogue processes, yoga and meditation, creative expression and nature walks. The retreat will help you to expand your individual vision, to gain clarity about your role as leader, and to grow your capacity to achieve results in ways that are creative and sensitive to your work context. In particular, the retreat will focus your attention on the challenges of leading change in today's uncertain world and on maintaining physical and spiritual well being in your relationships.

The retreat will be guided by Tonie Nooyens and Graeme Storer, with support from a team of experienced facilitators. Tonie brings a background in project management and facilitation of group planning and decision-making processes. His interest is in developing people through training and coaching. He is a long time practitioner of meditation, meditational yoga and healing and he teaches throughout Asia. He lives in Cambodia facilitating a yoga and meditation program for community teachers. Graeme has more than 25 years of experience facilitating capacity development and durable change and has contributed to the design and delivery of global and regional leadership programs. He is known for his ability to bring about collaboration across difference and to work in the moment to devise processes that help groups get unstuck.

This is not a traditional skills-building leadership training but an opportunity to journey within ourselves, to unpack the richness of our professional and personal experiences, to re-connect with our strengths and to re-energize.

Note: The retreat includes travel on Friday evening (14 June) and return on the afternoon of Tuesday (18 June). The cost of the retreat is \$650. This includes all meals and refreshments. Accommodation and transport are extra. Accommodation at Knai Bang Chatt is \$75 per day, outside accommodation ranges from \$15 - \$30 per day (all prices based on twin share). A limited number of partial scholarships is available.

To register a place, please send an email to: [info@KundaliniYogaCambodia.org](mailto:info@KundaliniYogaCambodia.org) or phone: 092 42 98 35.